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# Havdalah

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The Havdalah ceremony marks the separation between the Sabbath day of rest, and the rest of the week with blessings over wine, spices, and light: wine to signify the sanctity of the day, fragrant spices to signify our hope for a week filled with sweetness, and light to signify our hope for a week of brightness and joy. We know that Shabbat has ended when we see three stars in the evening sky.

## **Birkat Havdalah** by Debbie Friedman

Yai lai lai lai lai lai lai...

We usher in the new week by saying a blessing over a full cup of wine. The wine represents joy, and the full cup marks our appreciation of the bounty with which we are blessed.

*(Raise the wine cup but do not drink from it)*



בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הַגָּפֶן:

*Baruch Atah Adonai Eloheinu Melech ha-olam borei p'ri hagafen*

*Blessed are You, Adonai our God, Ruler of the Universe, Creator of the fruit of the vine.*

Yai lai lai lai lai lai lai...

The fragrant spices remind us of the sweetness of Shabbat and signify our hope for a week filled with sweetness. *(Shake and smell the spice box, and then pass it for others to smell.)*



בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא מִיְּנֵי בְשָׂמִים:

*Baruch Atah Adonai Eloheinu Melech ha-olam borei minei v'samim*

*Blessed are You, Adonai our God, Ruler of the Universe, Creator of all kinds of spices.*

Yai lai lai lai lai lai lai...



The light of the candle expresses our hope for a week of brightness and joy. *(Hold your hands up towards the light of the candle so that the light is reflected in your nails, then turn your hands, curling your fingers towards you to bring a little of the light of Shabbat into the new week.)*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא מְאוּרֵי הָאֵשׁ:

*Baruch Atah Adonai Eloheinu Melech ha-olam bo-rei m'orei ha'eish*

*Blessed are You, Adonai our God, Ruler of the Universe, Creator of the light of fire.*

Yai lai lai lai lai lai lai...

Our final blessing acknowledges the distinction between the holiness of Shabbat and the rest of the week. Havdalah reminds us to:

- ★ separate ourselves from the unholy; to strive for holiness every day!
- ★ separate ourselves from hatred; to promote peace!
- ★ separate ourselves from indifference; to work for a better world for all people!

*(Raise the candle for all to see.)*



בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמְּבַדִּיל בֵּין קֹדֶשׁ לְחֹל:

*Baruch Atah Adonai Eloheinu Melech ha-olam hamavdil bein kodesh l'chol*

*Blessed are You, Adonai our God, Ruler of the Universe, Who distinguishes between sacred and ordinary, between light and darkness, between the seventh day and the six days of creation. Blessed are You, Adonai, Who distinguishes between sacred and ordinary.*

Yai lai lai lai lai lai lai...

*(Take a sip of wine, then extinguish the candle by dipping it in the wine... listen for the sizzle!)*

As we make the transition back to our week, we invoke the name of the prophet Elijah, whose arrival is said to herald the coming of the messianic era, a time of justice and peace throughout the world. Shabbat is a taste of that perfection, but our work in the world is needed to bring it about.



אֱלִיָּהוּ הַנָּבִיא. אֱלִיָּהוּ הַתְּשֻׁבִי. אֱלִיָּהוּ. אֱלִיָּהוּ הַגִּלְעָדִי:  
בְּמַהְרָה בְּיָמֵינוּ. יָבֵא אֱלֵינוּ. עִם מָשִׁיחַ בֶּן דָּוִד. עִם מָשִׁיחַ בֶּן דָּוִד:  
*Eiliyahu hanavi, Eiliyahu hatishbi, Eiliyahu, Eiliyahu, Eiliyahu hagiladi.*  
*Bim'heira v'yameinu, yavo eileinu; im mashiach ben David, im mashiach ben David.*

Shabbat has now ended. We wish one another, “Shavua tov, a good week!”

שָׁבֻעַ טוֹב. שָׁבֻעַ טוֹב. שָׁבֻעַ טוֹב.  
*Shavua Tov, shavua tov, shavua tov, shavua tov! (2x)*  
*A good week, a week of peace, may gladness reign and joy increase! (2x)*

## Havdalah Songs we sing at the JCC...

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**Havdalah Hug** adapted from Sesame Street’s Family Hug by Shira Kline and Lisa Baydush

Chorus:

Havdalah hug (hug, hug) (3x); Havdalah hug really makes me feel loved! (2x)

We’re here with all our friends and our family,  
My favorite stuffed animal is sitting here with me,  
We’re glad to be together on this Havdalah night,  
So put your arms around a friend, and give a hug, squeeze tight! Oh... (chorus)

As the new week begins, we say Shavua Tov,  
We stretch our arms up high and we reach down to our toes,  
We start the week off right with a smile for our friends,  
We’re glad we’re back at school where the fun never ends! Oh... (chorus)

**Do Havdalah** by Karen Daniel, adapted by Lisa Baydush

Chorus:

We do Havdalah, Havdalah, Saturday night we do Havdalah! (2x)

We look for three stars in the evening sky to know it’s time for us to say goodbye,  
Shabbat is ending, a new week begins, let’s do Havdalah now with all our friends! (chorus)

We raise a braided candle to the highest height, see how God separates the darkness from the light;  
We shake the spices, oh, they smell so sweet, Havdalah is my favorite time of week! (chorus)

**Havdalah is When We Say Goodbye to Shabbat** by Lisa Baydush

Havdalah is when we say goodbye to Shabbat (2x)... Shalom Shabbat (4x)  
Havdalah is when we see the braided candle glow (2x)... Shalom Shabbat (4x)  
Havdalah is when we smell the spices oh so sweet! (2x)... Shalom Shabbat (4x)

**Shavua Tov** by David Kruger

A good week, a sweet week, a week filled with happiness and joy! (2x) Ya lai lai lai’s (clap)