



# SHABBAT YELADIM

a Musical Shabbat service  
with Lisa Baydush



Congregation B'nai Tzedek, 10621 S. Glen Road, Potomac, MD  
[www.bnaiTzedek.org/worship/shabbat](http://www.bnaiTzedek.org/worship/shabbat)

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Service by Lisa Baydush, 2011



## ♪ **Boker Tov** by Lisa Baydush

### Chorus:

*Boker tov, good morning, my friends! I'm so glad to see you— and you and you and...  
Boker tov, good morning, my friends! I'm so glad to see you!*

*Clap your hands (clap 3x) if you're ready to sing; wave your hands way up high;  
Now wiggle your fingers and tickle your toes, and open your mouth real wide, and sing with me now... (chorus)*

*Stomp your feet (stamp 3x) if you're ready to sing; Now stretch from side to side;  
Take a deep breath in and blow it out, and open your mouth real wide, and sing with me now... (chorus)*

## ♪ **Here in the Round** by Peter and Ellen Allard, lyrics adapted by Lisa Baydush

### Chorus:

*Here in the round, everybody gather 'round; all together make a beautiful sound— (repeat)*

*We've come together; we've come together to sing!  
We've come together— Let me hear your voices ring! Oh... (chorus)*

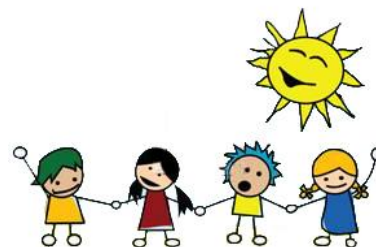
*To dance... Dance like you've got ants in your pants!  
To pray... Let me hear what you've got to say!  
For Shabbat... We love Shabbat a lot!*

## ♪ **I'm So Glad That Shabbas is Here** by Peter and Ellen Allard

### Chorus:

*Shabbas is here, Shabbas is here! I'm so glad that Shabbas is here! (repeat)*

*I'm gonna clap my hands, I'm gonna stomp my feet, I'm gonna wiggle my tushy,  
'Cause I'm so glad that Shabbas is here! (repeat) (chorus)*



## ♪ **Bim Bom** by Nachum Frankel

*Bim bom, bim bim bim bom, Bim bim bim bim bim bom (chiri biri biri) (repeat)*

*Shabbat Shalom (clap) (2x); Shabbat, Shabbat Shabbat, Shabbat Shalom! (repeat)*

*Shabbat, Shabbat, Shabbat Shabbat shalom! (2x)*

שַׁבַּת שְׁלוֹם

## ♪ **Modeh Ani** by Lisa Baydush

*Modeh ani (echo) Modeh Ani (echo), I give thanks to you, O God (echo)  
Modeh ani (echo) Modeh Ani (echo), L'fanecha melech chai v'kayam (echo)*

*Modeh ani (echo) Modeh Ani (echo), I give thanks to you, O God (echo),  
For this day (echo) and so I say (echo) Modeh ani (echo) Modeh Ani (echo), L'fanecha melech chai v'kayam (echo)*

*Modeh ani (echo) Modeh Ani (echo), I give thanks to you, O God...*

מוֹדֵה אֲנִי  
לְפָנֶיךָ מֶלֶךְ חַי וְקַיִם.

Happy moments, praise God.  
 Difficult moments, seek God.  
 Quiet moments, worship God.  
 Painful moments, trust God.  
 Every moment, thank God.

*Panlette Sedgwick*



We thank You, God,  
 for the world around us,  
 for the sun and stars,  
 for the gift of Torah,  
 and for our family and friends.



There was a little girl who, as she  
 was leaving the synagogue, turned  
 to her mother and said, “Mommy,  
 the rabbi’s sermon confused me.”

The mother replied, “Oh? Why is  
 that?”

The little girl told her, “Well, the  
 rabbi said that God is bigger than  
 we are. Is that true, Mommy?”

“Yes, that’s true, honey.”

“And the rabbi also said that God  
 lives in us. Is that true?”

Again, the mother answered,  
 “Yes.”

“Well,” said the little girl, “If God  
 is bigger than we are and lives in  
 us, wouldn’t God show through?”



I believe in the sun  
 even when it is not shining.

I believe in love  
 even when not feeling it.

I believe in God  
 even when He is silent.

*Inscription found on the wall of a cellar in  
 Cologne, where Jews hid from the Nazis*



The best and most beautiful things  
 cannot be seen or touched  
 —they must be felt with the heart.

*Helen Keller*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם.  
 אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהִתְעַטֵּף בְּצִיצִית  
 Baruch Atab Adonai elobeinu melech ha'olam  
 asher kid'shanu b'mitvotav v'tzivanu l'hitatef batzitzit.

Blessed are You, our God, who enriches our lives with holiness,  
 commanding us to wrap ourselves in the tallit.



### Prayers of Thanks and Praise by Lisa Baydush

*On Shabbat we pray, on Shabbat we say prayers of thanks and praise (repeat)*

ברכו

בְּרָכוּ אֶת-יְיָ הַמְּבֹרָךְ  
 בְּרוּךְ יְיָ הַמְּבֹרָךְ לְעוֹלָם וָעֶד  
 Bar'chu et Adonai ha-m'vo—rach  
 Baruch Adonai ha-m'vo-rach, l'olam va-ed

We praise Adonai our God,  
 to whom our praise is due, now and forever.

### God is Everywhere and God is One by Peter and Ellen Allard

*God is everywhere and God is one, God is one!  
 God is everywhere and God is one, God is one!  
 God is everywhere and God is one,  
 In the moon and the stars and the shining sun;  
 God is everywhere and God is one, God is one!*

### How Do You Know That God is Here? by Peter and Ellen Allard

*Chorus:  
 How do you know that God is here?  
 How do you know that God is there?  
 How do you know that God is everywhere?*

*You can see God in a ... (3x);  
 You can see God everywhere! (2x) (chorus)*

*You can hear God...  
 You can smell God...  
 You can taste God...  
 You can touch God...*



### God, God, God by Peter and Ellen Allard

*Chorus:  
 Hear God! See God! Smell God! Taste God!  
 Touch God! Know God! Feel God! One God!  
 Everywhere God, everyone God,  
 God (clap 3x), God (clap 3x), God (clap 4x).*

*Up, up, up; Down, down, down; God is all, all around... (repeat) (chorus)  
 In, in, in; Out, out, out; God is all, all about... (repeat) (chorus)  
 You, you, you; Me, me, me; In each of us it's plain to see... (repeat) (chorus)*

## Sh'ma



שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ. יְיָ אֶחָד.  
*Sh'ma Yisrael Adonai Eloheinu, Adonai Echad.*

Hear O Israel, Adonai is our God, Adonai is one.

## שמע

## V'ahavta

by Peter and Ellen Allard

*V'ahavta et Adonai Elohecha,  
 Love Adonai your God! (repeat)*

*With all your heart! With all your soul! And with all your might! (repeat)*

וְאַהֲבַתְּ אֶת יְיָ אֱלֹהֶיךָ



## Mi Chamocha

by Debbie Friedman

*Yai lai's...  
 Mi chamochab ba-eilim Adonai?  
 Mi-kamochab, ne'dar bakodesh,  
 Nora t'bilot, oseh feleh?  
 Yai lai's...*

Who is like You, Eternal One, majestic in holiness,  
 awesome in splendor, doing wonders?

מִי־כַמְכָּה בְּאֵלִים, יְיָ?  
 מִי כַמְכָּה, נִאֲדָר בְּקֹדֶשׁ,  
 נוֹרָא תְהִלַּת. עֹשֶׂה פֶלֶא

## גאולה

## Great, Mighty and Awesome

by Peter and Ellen Allard, lyrics adapted by Lisa Baydush

*Chorus:  
 Great, mighty and awesome, yeab! (3x)  
 God Supreme! (repeat)*

*God of Abraham, Isaac and Jacob,  
 Sarah, Rebecca, Rachel and Leah... (chorus)*

*We sing love, we sing praise, we sing joy all our days... (chorus)*

Blessed are You, Adonai our God, God of our fathers and mothers,  
 the great, mighty and awesome God, who bestows loving kindness.

## אבות ואמהות



## Holy Holiness

by Peter and Ellen Allard

*All around (echo), everywhere (echo);  
 All around, everywhere ... Holy, holiness.*

*In the highest sky (echo), in the deepest sea (echo);  
 In the highest sky, in the deepest sea... Holy, holiness.*

*In my heart (echo), in your soul (echo);  
 In my heart, in your soul... Holy, holiness.*

*Every step (echo), every breath (echo);  
 Every step, every breath... Holy, holiness.*

We sanctify Your name and proclaim Your holiness; in the words of the prophet we say: Holy, Holy, Holy is the Lord of Hosts; the whole earth is filled with God's glory!

## קדושה

**One** is a very important number... There is one God. There is one me, and there is one you.

One may seem like a small number, but when one you and one me care for one another and work together, we can make a BIG difference in our world.

One you, one me, one God!



We show our love for God with all our hearts when we love other people.

We show our love for God with all our souls when we are kind and caring.

We show our love for God with all our might when we help people in need.



Look around you at this world we live in, See the beauty all around; Feel the miracle of each new day; Who is like you, O, God?

Close your eyes - do you feel the wonder? Hear the music in the wind! Savor the moments that take your breath away; Who is like you, O, God?

*Lisa Baydush*



There is holiness when we strive to be true to the best we know.

There is holiness when we forget what divides us and remember what unites us.

There is holiness when we love – truly, honestly, and unselfishly.

There is holiness when we remember the lonely, and bring cheer into a dark corner.

There is holiness when we gather to pray to God who gave us the power to pray.

*from Likrat Shabbat*

Silent prayer is not necessarily a time for silence. Rather, it is a time when the siddur is silenced, so that the unscripted prayers of each individual worshipper can quietly be given voice.



I had a paint box,  
Each color glowing with delight;  
I had a paint box with colors,  
Warm and cool and bright.

I had no red for wounds or blood,  
I had no black for an orphaned child,  
I had no white for the face of the dead,  
I had no yellow for burning sands.

I had orange for buds and blooms,  
I had blue for clear bright skies,  
I had pink for dreams and rest.

I sat down and painted  
Peace.

*Tali Sharek, age 13*



Let us affirm our faith in Torah, our people's legacy of learning and faith. There are no words more challenging than "You shall be holy!" No command more basic than "You shall love!" There is no insight so fundamental as "In the beginning, God," no words so life-enhancing as "You shall rest!" No cry is more compelling than "Let My people go!" No consolation more comforting than "I am with you in your distress." There is no vision more hopeful than "They shall beat their swords into plowshares," and no summons more demanding than "Justice, justice shall you pursue!"

These words have outlived monuments and empires; we want them to live through us until the end of time. We owe it to the world to live the words of Torah; this is a message which the world needs to hear.

*Jack Riemer and Harold Kushner*

## ♪ My Silent Prayer by Marc Rossio



*This is the moment as time rolls by for my silent prayer to Adonai...  
A prayer of thanks for all my blessings, a prayer of compassion for all in need,  
A prayer of knowledge for I keep guessing, a prayer between God and me.  
Close your eyes, say a prayer, Adonai will be there...*

## ♪ Sim Shalom by Lisa Baydush

*Chorus:*

*Sim shalom, sim sim shalom,  
Sim shalom tova u'vracha—  
Sim shalom, sim sim shalom,  
Sim shalom tova u'vracha! (repeat)*

*Peace for me; Peace peace for you;  
Peace for everybody all around the world!  
Peace for me; Peace peace for you;  
Peace in every part of our world! (chorus)*

*Ki mitzion, t'zei— Torah (2x)  
Ud'var Adonai mi'ru-sba-la—yim*

*Baruch shenatan Torah (Torah) (2x)  
L'amo Yisrael bik-dush-a-to*

*Sh'ma Yisrael Adonai Eloheinu,  
Adonai Echad (echo)*

For out of Zion shall go forth Torah, and the word of God from Jerusalem. Praised be the Eternal God who in holiness has given us the Torah. Hear O Israel, Adonai is our God, Adonai is one.

## ♪ Torah Torah

*Torah Torah Torah, Torah Torah Torah,  
Torah tziva lanu Moshe (repeat)*

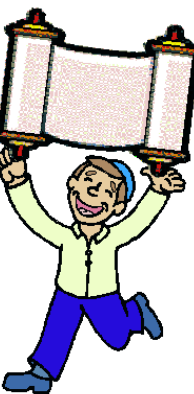
*Torah Torah, Torah Torah,  
Torah tziva lanu Moshe (repeat)*

*Torah tziva lanu Moshe (4x)*

## ♪ Tree of Life by Richard Silverman

*It is a tree of life to them that hold fast to it  
and all its supporters are (clap) happy! (repeat)*

*Shalom, shalom (clap 4x) (4x)*



שלום שלום

ברכת שלום

שִׁים שְׁלוֹם, טוֹבָה וּבְרָכָה

תור

כִּי מִצִּיּוֹן תֵּצֵא תוֹרָה,  
וּדְבַר-יְהוָה מִירוּשָׁלַיִם:

כָּרוּךְ שֶׁנָּתַן תוֹרָה  
לְעַמּוֹ יִשְׂרָאֵל בְּקִדְשָׁתוֹ:

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ,  
יְיָ אֶחָד:

## ♪ We Say Todah by Lisa Baydush

עלינו

### Chorus:

*On Shabbat, we give thanks, we give thanks to God;  
On Shabbat, we give thanks; in Hebrew, we say 'todah!'*

*For our FAMILIES, todah! For our FOOD, todah!  
For our FRIENDS, todah! For our HOMES, todah! (chorus)*

## ♪ A Blessing for the Ones You Love by Debbie Friedman

*May God bless you and keep you every moment, every day;  
May God smile at you and fill your heart in every way;  
May God help you find the goodness in everything you do;  
May you be blessed with peace and love.*

## ♪ A Blessing for Shalom by Jeff Klepper

### Chorus:

*It's a blessing for you, it's a blessing for me,  
A blessing for each member of our family,  
A blessing for everyone here in our home,  
A blessing for shalom.*

*May God bless you and keep you and fill you with light.  
May God send you courage and teach you what's right.  
May God's face shine upon you with kindness and love  
And bless you with peace from above. (chorus)*

*Y'va-re-che-cha A-do-nai v'yish-me-re-cha  
Ya-eir A-do-nai pa-nav ei-le-cha v'ku-ne-cha  
Yi-sa A-do-nai, pa-nav ei-le-cha v'ya-seim l'cha sha-lom (chorus)*

## ♪ Great Shabbat by Lisa Baydush

*Have a great, great, great Shabbat! (3x)  
Have a really, really, really GREAT Shabbat!*

## ♪ Shababababat by Sally Heckelman

*Shababababa Shabbat Shalom (3x)  
Shabbat Shabbat Shalom!*



We thank You, O God, for Your gift of Shabbat, for the home in which we observe it, and for the dear ones with whom we share it.

May the joy of Shabbat gladden our hearts, and may its peace quiet our spirits.

Bring us closer to one another in love with laughter and soft words, with shared concerns and mutual respect.

Help us to make our home a sanctuary warmed by reverence and adorned by tradition, with family bonds that are strong and enduring, based on truth, trust, and faithfulness.

Keep us far from strife and anger; may we be spared shame and reproach.

Help us so to live in the week ahead that You may look upon all we have done and find it good and worthy of Your blessing.



We pray with all our hearts: let there be no more fighting and violence and war. Let the time come soon when people will be kind to each other, when no one will be hungry or homeless, when everyone will be free. We praise Adonai, the Eternal God, who has called us as partners to heal our world.



May we find peace with those we love; May we be at peace with ourselves; May we render peace in our world.



Rise up like the sun, O God, over all humanity. Cause light to go forth over all the lands between the seas, and light up the universe with the joy of wholeness, of freedom, and of peace.

*from Mishkan T'filah*